

# [PDF] Raising Cain: Protecting The Emotional Life Of Boys

**Dan Kindlon, Michael Thompson, Teresa Barker - pdf download free book**

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**Books Details:**

Title: Raising Cain: Protecting the  
Author: Dan Kindlon, Michael Thompso  
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**Description:**

, Mary Pipher's groundbreaking book, exposed the toxic environment faced by adolescent girls in our society. Now, from the same publisher, comes *Raising Cain: Protecting the Emotional Life of Boys* by Dan Kindlon and Michael Thompson, which does the same for adolescent boys. Boys suffer from a too-narrow definition of masculinity, the authors assert as they expose and discuss the relationship between vulnerability and developing sexuality, the "culture of cruelty" boys live in, the "tyranny of toughness," the disadvantages of being a boy in elementary school, how boys' emotional lives are squelched, and what we, as a society, can do about all this without turning "boys into girls." "Our premise is that boys will be better off if boys are better understood--and if they are encouraged to

become more emotionally literate," the authors assert. As a tool for change, Kindlon and Thompson present the well-developed "What Boys Need," seven points that reach far beyond the ordinary psychobabble checklist and slogan list. Kindlon (researcher and psychology professor at Harvard and practicing psychotherapist specializing in boys) and Thompson (child psychologist, workshop leader, and staff psychologist of an all-boys school) have created a chilling portrait of male adolescence in America. Through personal stories and theoretical discussion, this well-needed book plumbs the well of sadness, anger, and fear in America's teenage sons. --*Ericka Lutz*

**From Publishers Weekly** A genuine enthusiasm for their subject shines through the pages of this enormously compelling book, as the authors share insights on boys' emotional development from birth through the college years. An increasingly high-profile topic in the wake of disheartening statistics about adolescent suicide and violence. In much the same way that *Reviving Ophelia* offered new models for raising girls, therapists Kindlon and Thompson argue that boys desperately need a new standard of "emotional literacy," showing how our culture's dominant masculine stereotypes shortchange boys and lead them toward emotional isolation. The authors turn a spotlight on the inner lives of boys, debunking preconceptions about gender, explaining the importance of nurturing communication skills and empathy in boys as well as girls, and steering boys toward a manhood of emotional attachment, not stoicism and solitude. They also challenge the ways in which, in their view, traditional school environments put boys at a disadvantage (why not hold off on reading instruction a year or two? they ask; why not five short recesses a day?). Such issues as drinking, drugs and the "culture of cruelty" among adolescents, in which "anything a boy says or does can and will be used against him," also meet with sensitive treatment. Separate chapters examine the relationships between fathers and sons and mothers and sons, and show how these can be protected and redefined. This thoughtful book is recommended for parents, teachers or anyone with a vested interest in raising happy, healthy, emotionally whole young men. Agent, Gail Ross of Lichtman, Trister, Singer and Ross.

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